



St. Paul Institute of Professional Studies, Indore
An Autonomous Institute Affiliated to Devi Ahilya Vishwavidhyalaya, Indore
Accredited by NAAC with 'A' Grade
Phone No. 0731-2499911, 49661355, 4961356
E-mail: info@spipsindore.ac.in, Website: www.spipsindore.com



BA I Year: English Literature (Major I)
Session 2025-26
Literature and Language Studies (Paper I)

PART A – INTRODUCTION		
1	Course code	BA-S101
2	Course Title	Literature and Language Studies (Paper I)
3	Course Type	Major I
4	Prerequisite	To study this course, a student must have had the subject English Language/English literature in class 12 th
5	Course Learning Outcomes (CLO)	By the end of this course, students will be able to - <ul style="list-style-type: none">• Understand key concepts of Indian Poetics.• Understand Panini as a pioneer grammarian.• Analyze the themes and stylistic features of Bhakti poetry.• Develop an appreciation for one-act plays and their dramatic techniques.• Gain foundational knowledge of language structure and functions.• Explore the basic branches of linguistics, particularly phonetics and phonology.
6	Credit value	06
7	Total marks	Maximum Marks : 30+ 70 Minimum Passing Marks: 35

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PART B – Content of the Course

Total no. of Lectures: 90 Hours		
Unit	Topic	No. of Lectures
1	<p>A) Fundamentals of Indian Poetics</p> <p><i>Alamkar, Riti, Dhvani, Vakrokti, Auchitya, Mahakavya</i> (From Dr. Kapil Kapoor's Literary Theory, Indian Conceptual Framework (p 15-40))</p> <p>B) Introduction to Panini as a Pioneer Grammarian <i>Keywords:</i> Appropriateness, Indian Grammatical System, Figures of Speech</p> <p><i>Activities:</i> Rasa Analysis of a Poem</p> <ul style="list-style-type: none">Identify and explain the dominant Rasa (emotion) present in the selected poem.Discuss how Alamkar (figures of speech), Dhvani (suggestion), and Vakrokti (indirect expression) contribute to the poem's impact.	10
2	<p>Indian Poetry (Bhakti Movement)</p> <p>i) Characteristics of Bhakti Poetry ii) <i>Mirabai I am Mad With Love</i> iii) <i>Songs of Kabir</i> (Song 1-5) translated by R. N. Tagore</p> <p><i>Keywords:</i> <i>Bhakti, Nirguna, Embodied Divine, Mysticism, Sufi Influence, Vernacular Poetry</i></p> <p><i>Activities:</i> Bhakti Poetry Recital & Reflection</p> <ul style="list-style-type: none">Select a Bhakti poem from Mirabai or Kabir.Recite it with appropriate tone and expression.Write a short personal reflection:<ul style="list-style-type: none">i) How does the poem inspire devotion?ii) What emotions does it evoke? <p>Compare it with a modern devotional or spiritual song</p>	20

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Ramesh G. G.

Melkang

Shakti

AS

Samir



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3	One Act Plays i) Norman McKinnel: The Bishop's Candlesticks ii) J. M. Synge: Riders to the Sea Keywords: Tragedy, Symbolism, Realism, Fate, Catharsis Activities: Dramatic Reading & Role Play • Divide students into groups and assign characters from Riders to the Sea or The Bishop's Candlesticks • Perform a dramatic reading or a short role-play. • Discuss themes such as tragedy, sacrifice, and redemption. Encourage students to explore how staging, tone, and body language enhance meaning.	20
4	Introduction to Language i) Definition of Language ii) Characteristics of Language iii) Functions of Language Keywords: Communication, Symbolic representation, Cognitive behaviour, Arbitrariness, Referential Activities Language Observation Journal • Observe and document language use for a week in different settings: • Conversations • Social media • Advertisements Then, identify functions of language (e.g., informative, persuasive, expressive) and present findings in a group discussion or short essay .	20
5	Introduction to Linguistics i) Definition of Linguistics ii) Study of Branches of Linguistics: Phonetics and Phonology Keywords: Language structure, Synchronic VS. diachronic, Phone, Phoneme, Allophone, Minimal pairs, IPA (International Phonetic Alphabet), Phonological rules Activities Pronunciation Practice Make a list of oft-mispronounced popular words in English	20

Note: Individual passing marks are required in External, Internal and Practical.

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R. Shrivastava, M. K. Singh, M. K. Singh



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Part C -Learning Resources

Textbooks, Reference Books, Other Resources

Suggested Readings

Texts

1. Alston, A.J. The Devotional Poems of Mirabai, Motilal Banarsidass Publishers, Delhi, 1980.
2. Jons, Daniel. Cambridge English Pronouncing Dictionary. Cambridge UP, 2013.
3. Junnarkar, P. B. An Introduction to Panini, Createspace Independent Pub., 3rd edition, 2015.
4. Kapoor, Kapil. Literary Theory: Indian Conceptual Framework.
5. Affiliated East-West Press, New Delhi, 2011.
6. McKinnel, Norman. The Bishop's Candlesticks and Other Plays, Samuel French Ltd., London, 1949 (collected edition).
7. Roach, Peter. English Phonetics and Phonology, Cambridge University Press, 2009.
8. Verma, S. K and N Krishnaswamy. Modern Linguistics. Oxford UP, 1997.

Extended Readings

1. Bharata Muni-The Natyashastra, Trans. Manomohan Ghosh, Manohar Publishers, 2016
2. Chari, V.K. Sanskrit Criticism, University of Hawaii Press. Honolulu, 2018
3. Crystal, David. The Cambridge Encyclopaedia of Language, Cambridge University Press, Cambridge, 2010 (3rd edition).
4. David Crystal-How Language Works, Penguin, 2006
5. Fromkin, Victoria, Rodman, Robert & Hyams, Nina. An Introduction to Language, Cengage Learning, Boston, 2018 (11th edition).
6. Gassner, John. Masters of the Drama, Dover Publications, New York, 1954 (3rd edition).
7. George Yule The Study of Language, Cambridge University Press, 2020
8. Hawley, John Stratton. Three Bhakti Voices: Mirabai, Surdas, and Kabir in Their Time and Ours, Oxford University Press, New Delhi, 2012.
9. Ladefoged, Peter & Johnson, Keith. A Course in Phonetics, Cengage Learning, Boston, 2014 (7th edition).
10. R.L. Trask A Dictionary of Phonetics and Phonology, Routledge, 1996 Victoria Fromkin, Robert Rodman & Nina Hyams An Introduction to Language, Cengage Learning, 2017

Digital Links

1. A digital repository of Sanskrit texts including classical works on poetics with transliteration tools and references to concepts like Rasa and Alamkara.
<https://sanskritlibrary.org/https://archive.org/details/glimpsesofindianpoeticschoudhary/page/n7/mode/2up>
2. http://ndl.iitkgp.ac.in/he_document/nptel/nptel/109106189_h_jablrzt6y?e=1/J.%20M.%20S_ynge:%20Riders%20to%20the%20Sea||
http://ndl.iitkgp.ac.in/he_document/nptel/nptel/109106124_1p13a5megiif9g6_5ysfouo9lffyrf
3. vz0?e=0 Introduction%20to%20Language%20in%20English%20Literature

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Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 30 marks

Autonomous Exam (AE) : 70 marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions	70
	Section (B) : Short Questions	
	Section (C) : Long Questions	

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BA I Year: English Literature (Major II)

Session 2025-26

Study of Drama (Paper II)

PART A - INTRODUCTION		
1	Course Code	BA- S102
2	Course Title	Study of Drama (Paper II)
3	Course Type	Major II
4	Prerequisite	To study this course, a student must have had the subject English Language/English literature in class 12 th .
5	Course Learning Outcomes (CLO)	By the end of this course, students will be able to - <ul style="list-style-type: none">Trace the evolution of drama from Sanskrit theatre to modern forms, analysing key Indian and Western dramatists.Analyze themes such as <i>daiva</i> (destiny), <i>purusārtha</i> (human effort), and <i>dharma</i> (social justice), comparing their representation in Indian and Western dramatic traditions.Apply dramatic insights to contemporary contexts, interpreting drama as <i>nāṭya-yajña</i> (a sacred performance) for promoting <i>lokasangraha</i> (social welfare) and <i>samskāra</i> (value inculcation).Explore the socio-cultural philosophical dimensions of drama as a medium for social reform and cultural preservation.
6	Credit value	06
7	Total marks	Maximum Marks : 100 Minimum Passing Marks: 35

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PART B – Content of the Course

Total Lectures: 90		
Unit	Topic	No. of Lectures 90
1	Introduction to Drama i) Introduction to Sanskrit Drama ii) Types of Drama: Tragedy, Comedy, Historical Play, One Act Play <i>Keywords:</i> <i>Natyashastra</i> , Rasa Theory, Bharatmuni, <i>Bhava</i> , <i>Natyadharmi</i> and <i>Lokadharmi</i> , Abhinaya, Dramatic Structure, Aristotelian tragedy, Chronicle plays. <i>Activity:</i> Group Discussion on Sanskrit Drama & Rasa Theory/Comparative Chart of Drama Types.	10
2	Indian Classical Drama i) Mahakavi Kalidas: ' <i>Abhigyan Shakuntalam</i> ', Act IV ii) Shudrak: ' <i>Mrichha Katikum</i> ' (The Clay Cart) Act I <i>Keywords:</i> Curse of Durvasa, Separation (<i>Viraha</i>) <i>Śrngāra</i> (Romantic Rasa), <i>Karuna</i> (Pathos Rasa), Tranquility (Santa Rasa), <i>Nāyaka / Nayika</i> , <i>Vrtti</i> (Stylistic Mode), Court and Folk Theatre, Anagnorisis, Prakrit and Sanskrit Dialogue tradition. <i>Activity:</i> Essay writing / Dramatic Reading and Enactment	20

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3	<p>Modern Indian Drama</p> <p>i) Mahesh Dattani: <i>Where There's a Will</i></p> <p>ii) Manjula Padmanabhan: <i>Harvest</i></p> <p>Keywords - Social Allegory, Power dynamics, Social alienation, Women Empowerment, Family Relationship, Gender indiscrimination, Greed</p> <p>Activity: Debate on Ethical Issues/ Panel Discuss Contemporary Relevance</p>	20
4	<p>Renaissance Drama</p> <p>i) William Shakespeare: <i>'Merchant of Venice'</i></p> <p>ii) Christopher Marlowe: <i>'Dr. Faustus'</i></p> <p>Keywords: Elizabethan drama, Morality Play, Humanism, Tragic Hero, Soliloquy, Supernatural Elements, Blank Verse, Comic Relief, <i>Moksha, Karma, Vivek.</i></p> <p>Activity: Character Sketch / Dramatic Reading / Quote Interpretation</p>	20
5	<p>Modern Drama</p> <p>i) G.B. Shaw: <i>Arms and the Man</i></p> <p>ii) John Galsworthy: <i>Silver Box</i></p> <p>Keywords: Realism, Satire, Social Criticism, Class Conflict, Romantic Idealism, Anti-hero, Hypocrisy, <i>Nyaya (justice legal and moral), Ahimsa, Lok-samgraha, Karuna.</i></p> <p>Activity: Role-Play/ Creative Writing Exercise</p>	20

Note: Individual Passing marks are required in External, Internal and Practical.

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Part C-Learning Resources

Textbooks, Reference Books, Other Resources

Suggested Readings

Texts

1. Dattani, Mahesh. Where There's a Will. Penguin India, 2013.
2. Galsworthy, John. The Silver Box: A Comedy in Three Acts. London: Duckworth & Co., (1906)
3. Ghosh, Manmohan, trans. The Natyashastra. Bharata. Vol. Calcutta: The Royal Asiatic society of Bengal, Kolkata (1950)
4. Kale, Moreshwar Ramchandra. Trans. Abhigyanashakuntalam of Kalidas. ISBN 9788120802827 Motilal Banarasidas, New Delhi (1969)
5. Marlowe, Christopher. Dr Faustus. ISBN 978-1722503819. G&D Media; Unabridged edition, New Delhi, (2024)
6. Padmanabhan, Manjula. Harvest. Aurora Metro Books, (2018)
7. Rajan, Chandra, translator. The Complete Works of Kalidasa. Sahitya Akademi. 2002.
8. Shakespeare, William. Merchant of Venice. Fingerprint Publishing, ISBN 978-9387779600 Daryaganj, New Delhi, (2018)
9. Shaw, G.B. Arms and the Man. ISBN 978-9350330616. Maple Press Pvt Ltd, Noida (2013)
- Shudrak. Mrichhkatika, The Little Clay Cart. Trans Arthur William Ryder, 1905. Harvard oriental series, ISBN 9781465579935
10. <https://www.gutenberg.org/files/21020/21020-h/21020-h.htm>

Extended Readings

1. Bhat, G. K. Sanskrit Drama: Its Aesthetics and Production. Motilal Banarsidass Publishers, New Delhi (1984)
2. Bhatia, Nandi (ed.), Modern Indian Theatre. Oxford University Press, New Delhi (2009)
3. Deshpande, G P. Modern Indian Drama, Sahitya Academy Rabindra Bhawan, New Delhi (2006)
4. Kale, M R. (Translation) The Meghaduta of Kalidasa: Text with Sanskrit Commentary of Mallinatha. ISBN 978-8120804203. Motilal Banarsidass, 5th Reprint edition, New Delhi (2015)
5. Mukherjee, Tutun (Ed.) Staging Resistance: Plays by Women in Translation, ISBN 9780198084914, OUP, New Delhi (2012)
6. Rangacharya, Adya, trans. The Natyashastra. Bharata Muni. ISBN 9788121506809 Munshiram Manoharlal, New Delhi (2018)
7. Sahitya Darpana (Sanskrit) Of Sri Viswanatha Kaviraja. Commentary Jivananand Vidyasagar Bhattacharya, Vachaspatya Press, Calcutta (1916)
8. Sastri, T. Ganapati. Svapnavasavadatta Of Bhasa. (1912) <https://archive.org/details/in.ernet.dli.2015.424378>
9. Śrīranga. Adya Rangacharya. Introduction to Bharata's Natyashastra. ISBN 9788121508292. Munshiram Manoharlal, New Delhi (1998)
10. Vatsyayan, Kapila. Bharata: The Natyashastra. New Delhi: Sahitya Akademi, (2005)
11. Vatsyayan, Kapila. Traditional Indian Theatre Multiple Streams. National Book Trust India (2005) <https://iks.iitgn.ac.in/wp-content/uploads/2023/02/Traditional-Indian-Theatre-Introduction-Kapila-Vatsyayan.pdf>

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Journals

Shekhar, R. "Origins and Growth of Sanskrit Drama in India." International Journal of Creative Research Thoughts (IJCRT), vol. 12, no. 7, July 2024, pp. 110-117. ISSN: 2320-2882. JJCRT+1IJCRT+1

Alapatt, Nisha Francis. "An Ecocritical Reading of Kalidasa's Abhijnana Shakuntalam." Research Journal of English Language and Literature (RJELAL), vol. 5, no. 4, 2017, pp. 633-636. ISSN: 2395-2636. Ricalal Singh, Ganga Nand. "Appraisal of the Womanhood in Shudraka's The Little Clay Cart." Vinoba Bhave University Journal of English Studies, vol. 1, no. 1, 2020, pp. 45-50.vbu.ac.in

Digital Links

<https://archive.org/details/harvest00manj> <https://www.jstor.org/stable/j.ctt20q1x8r>
<https://www.seagullbooks.org/the-theatre-of-roots-redirecting-the-modern-indian-stage/>
<https://www.routledge.com/Theatre-and-the-World-Performance-and-the-Politics-of-Culture/Bharucha/p/book/9780415068221>

<https://egyankosh.ac.in/bitstream/123456789/66614/1/Unit-4.pdf>

<https://www.routledge.com/Theatre-and-the-World-Performance-and-the-Politics-of-Culture/Bharucha/p/book/9780415068221>

<https://kireetjoshi.com/images/Svapnavasavadattam.pdf>

Part D – Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:100

Continuous Comprehensive Evaluation (CCE) :30 marks

Autonomous Exam (AE) : 70 Marks

Internal Assessment Continuous Comprehensive Evaluation (CCE)	Class Test /Assignment Presentation/ Quiz / Peer Teaching	30
External Assessment Autonomous Exam Section Time: 03:00 Hours	Section (A): Multiple Choice Questions Section (B): Short Questions Section (C): Long Questions	70

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BA I Year: English Literature (Major III) Session 2025-26 Study of Poetry (Paper - III)

PART A – INTRODUCTION		
1	Course code	BA- S103
2	Course Title	Study of Poetry (Paper - III)
3	Course Type	Major III
4	Prerequisite	To study this course, a student must have had the subject English Language/English literature in class 12 th .
5	Course Learning Outcomes (CLO)	By the end of this course, students will be able to - <ul style="list-style-type: none">• Appreciate the rich cultural and literary heritage of Bharat.• Understand the nuances of poetry.• Evaluate the contribution of Indian English Poets.• Identify, interpret, analyze and appreciate various elements of poetry.• Develop a literary sensibility and inculcate a sense of appreciation for various forms of poetry.• Cultivate critical thinking and hone creativity
6	Credit value	06
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

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PART B – Content of the Course

Total No. of Lectures: 90 Hours		
Unit	Topic	No. of Lectures
1	<p>A) Elements of Poetry i) <i>Rasa</i> ii) <i>Alankara</i></p> <p>B) Forms of Poetry i) Sonnet ii) Lyric iii) Ode iv) Elegy v) Ballad vi) Epic</p> <p>Keywords: Indian Poetics, Aesthetic Experience, Emotions, Subjective Poetry, Prosody, Rhyme scheme Activity: Recitation and thematic analysis of famous sonnets or odes/quiz on forms of poetry.</p>	10
2	<p>Indian Classical Poetry i) <i>Rig Veda Samhita</i>, translated by H. H. Wilson (Hymn 1-10, Agni, Vayu, Ashwin, IndraIndri) ii) <i>Bhagwad Gita</i>, Chapter III Karma Yog, translated by Dr. S. Radhakrishnan, Pages 130-149</p> <p>Keywords: Ancient Bhartiya Wisdom, Hymn, Vedas, Literary and cultural heritage of Bharat, Karma Yog Activities: 1) Group Discussion on -The Bhagavad Gita as a beacon light for humanity 2) Discourse on Vedas Timeless Wisdom of the 3) Prepare a power point presentation on <i>The Bhagwad Gita</i> as a way of life.</p>	20

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3	<p>Modern Indian Poetry</p> <p>i) Toru Dutt: "Lakshman", "Sita", "The Young Captive" ii) Sarojini Naidu: "Indian Weavers", "The Flute Player of Brindaban" iii) R. N. Tagore: <i>Gitanjali</i> (song I and II)</p> <p>Keywords: Indian English Poetry, spirituality, mysticism, Indian mythological characters, Patriotism</p> <p>Activities Recitation of poems by Indian poets on nationalism/composing short verses on the theme of patriotism, peace or spirituality</p>	20
4	<p>Poetry in Neo-Classical and Romantic Age</p> <p>i) Alexander Pope: "Ode on Solitude" ii) William Wordsworth: "The Solitary Reaper" iii) John Keats: "Ode to a Nightingale"</p> <p>Keywords: Neo-classical Age, Romantic Age, Nature poetry, imagery, solitude, bliss.</p> <p>Activities Recitation of Nature Poems in different languages/Group Discussions on Nature as a healer.</p>	20
5	<p>Poetry in Victorian Age</p> <p>i) Alfred Lord Tennyson: "Crossing the Bar" ii) Robert Browning: "Prospice" iii) Matthew Arnold: "Dover Beach"</p> <p>Keywords: Victorian Age, Industrial Revolution, extended metaphor, dramatic monologue, pastoral elegy</p> <p>Activities: Group discussion/ insight session on Echoes of Vedas and Upanishads in Browning's poems/ Comparison between Tennyson and Browning</p>	20

Note: Individual Passing marks are required in External, Internal and Practical.

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Part C-Learning Resources Textbooks, Reference Books, Other Resources Suggested Readings

Texts

1. Lyrical Ballads with Pastoral and Other Poems." Wordsworth, William (1805). (4 ed.). London: Printed for Longman, Hurst, Rees, and Orme, by R. Taylor.
2. Rigveda, Available on Internet Archive, Four-Vedas-English-Translation
3. Selected Poems by Sarojini Naidu Paperback-1 January 2024; Sarojini Naidu.
4. A Short History of English Poetry by -Birjadish Prasad
5. Study of Poetry, BA Part I, Published by -Hindi Grantha Academy
6. Theory of Karma -Shreemad Bhagavada Geeta (First ten shlokas) Tr. By Dr.S. Radhakrisnan, pages 130-149
7. Toru Dutt (1856-1877). Indian Poet, Translator, and Novelist". Lokugé, Chandani (12 September 2019). Oxford: Oxford University Press.

Extended Readings

1. A History of Modern Poetry: Modernism and After." Perkins, David. Paperback, 1989.
2. "Glossary of Literary Terms" Abrams, MH, Prism Books Pvt. Limited, 1993.
3. "John Keats: His Life and Poetry. His Friends. Critics and After-Fame."
4. Colvin, Sidney. London: Macmillan. 1917.
5. Naik, M. K. *A History of Indian English Literature*. 20th ed., Sahitya Akademi, 2009.
6. Sharma, R. C. *How to study Classical Indian Texts?* D. K. Print world, 2021.

7. Digital Links

8. <https://dn790005.ca.archive.org/0/FourVedas-English-Translation/Four-Vedas-English-Translation.pdf>
9. <https://archive.org/details/gitanjali-rabindranath-tagore>
10. Suggested Equivalent Online Course
11. www.eshiksha.mp.gov.in
12. https://onlinecourses.nptel.ac.in/noc20_hs64/preview (Indian Poetry in English NPTEL)

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Part D- Assessment and Evaluation		
Suggested Continuous Evaluation Methods: Maximum Marks: 100 Continuous Comprehensive Evaluation (CCE): 30 marks Autonomous Exam (AE) : 70 marks		
Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions	70
	Section (B) : Short Questions	
	Section (C) : Long Questions	

AD *PS* *Shalini* *Meehanp*

Ramind



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PART A - INTRODUCTION		
Program: Certificate	Class : BA First year	Session 2025-26
Subject: Psychology		
1	Course code	BA-S104T
2	Course Title	Introduction to Psychology (Theory)
3	Course Type:	Minor - I
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	<ol style="list-style-type: none"> 1. Students will be able to understand major Western schools of psychology and Indian psychological perspectives. 2. Students will be aware about methods of psychological research. 3. Students will be able to aware about the functioning of nervous system, and the organization of the brain. 4. Students will be able to analyze sensory and attentive, and perceptual processes critically. 5. Students will aware about importance of consciousness and psychological impact of yogic practices and mental well-being.
6	Credit value	03
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

PART B: Content of the Course

Total No. Of Lectures- 45		
Module	Topic	No. Of Lectures
1	Indian Psychology: Concept, Characteristics, Nature, Scope, Importance; Concept of Mana, Indian Psychology and other branches of knowledge, Difference between Indian Psychology and Western Psychology, Methods of Indian Psychology	9
2	Research Methods in Psychology: Modern Psychology: Nature and Scope, Research methods: Descriptive, Correlational, Experimental; Methods of Data Collection: Observation, Surveys, Experiments	9



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3	Biological Bases of Behavior: Neurons: Structure and Functions; Nervous System: Central & Peripheral Nervous System; Brain Structure and Functions: Limbic System, Cerebral Cortex, Endocrine System; concept of Saptachakras and Nadi	9
4	Sensation, Attention and Perception: Sensory Processes: concept, Visual, and Auditory; Attention: concept, selective attention, Dharma and Dhyaan; Perception: nature and Laws of Perceptual Organization; Illusions, Depth and Distance Perception, Concept of Indriya: Drashya and Drishtha	9
5	States of Consciousness: Indian notion of consciousness; Biological Rhythms: Sleep and Dreams; Role of yoga in Consciousness; Different Yogasnaas and their psychological impacts	9
Keywords/ Tags	Foundations of Psychology Research Methods Biological Bases Cultural Perspectives Sensation & Perception States of Consciousness	

Note: Individual passing marks are required in External, Internal and Practical

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PART : C- RECOMMENDED STUDY RESOURCES

Suggested Readings:

1. Baron, R. A., & Misra, G. (2016). Psychology (5th ed.). Pearson India.
2. Chadha, N. K. (1991) Introduction to psychology, Reliance publication.
3. Ciccarelli, S. K., & White, J. N. (2021). Psychology (6th ed.). Pearson.
4. Feldman, R. S. (2021). Essentials of understanding psychology (14th ed.). McGraw-Hill.
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6. Gray, P. O. (2020). Psychology (8th ed.). Worth Publishers.
7. Kuppaswamy, B. (1990). Elements of ancient Indian psychology, Konark Publishers.
8. Mishra, G. & Mohanty, A. K. (2002) Perspectives on indigenous psychology. New Delhi, Concept publishing company
9. Paranjpe, A. C. (2000). Self and identity in modern psychology and Indian thought. Kluwer Academic Publishing
10. Rao, K. R., & Paranjpe, A. C. (2016). Psychology in the Indian tradition. Springer.
11. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology. Foundation Books, <https://doi.org/10.1017/UP09788175968448>
12. Wood, S. E., Wood, E. G., & Boyd, D. (2017). Mastering psychology (5th ed.). Pearson.
13. Zimbardo, P. G., Johnson, R. L., & McCann, V. (2020). Psychology: Core concepts (8th ed.). Pearson.
14. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना
15. रामनाथ शर्मा, रचना शर्मा, भारतीय मनोविज्ञान, अटलांटिक पब्लिशर एंड डिस्ट्रीब्यूटर्स
16. लक्ष्मी शुक्ला (1998), भारतीय मनोविज्ञान, परिमल पब्लिकेशन, दिल्ली

Suggestive digital platforms/ web links

https://ocw.mit.edu/ans7870/9/9.00SC/MIT9_00SCF11_text.pdf

<https://open.umn.edu/opentextbooks/textbooks/48>

<https://www.youtube.com/watch?v=vo4pMVb0R6M>

https://saylordotorg.github.io/text_introduction-to-psychology/

<https://nios.ac.in/media/documents/secpsycour/english/chapter-1.pdf>

Suggested equivalent online courses:

<https://oyc.yale.edu/introduction-psychology/psvc-110>

<https://oli.cmu.edu/courses/introduction-to-psychology-open-free/>

<https://www.coursera.org/learn/introduction-psychology>

https://onlinecourses.swayam2.ac.in/cec23_hs05/preview

https://onlinecourses.nptel.ac.in/noc23_hs39/preview

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Part D- Assessment and Evaluation		
Suggested Continuous Evaluation Methods: Maximum Marks: 100 Continuous Comprehensive Evaluation (CCE): 30 marks Autonomous Exam (AE) : 70 marks		
Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions	70
	Section (B) : Short Questions	
	Section (C) : Long Questions	
		Total: 100

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PART A - INTRODUCTION		
Program: Certificate		Class : BA First year
		Session 2025-26
Subject: Psychology		
1	Course code	BA-S104P
2	Course Title	Introduction to Psychology
3	Course Type:	Minor - I
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	<ol style="list-style-type: none"> 1. Students will be able to critically analyze the historical contributions of western and Indian psychologists. 2. Students will able to conduct surveys and experiment on psychologically relevant issues. 3. Students will be able to assess the psychological impact of yogasanas on well-being, well-being.
6	Credit value	01
7	Total marks	Maximum Marks : 100 Minimum Passing Marks: 35

Total No. of Lectures- 15		
Unit	Topic	No. of Lectures
Part A (Any Three) Activities	<ol style="list-style-type: none"> 1. Historical contribution of any one Indian psychologist 2. Description of Vedic or Upanishadic insight in understanding of mind 3. Survey on any psychological relevant issue 4. Experiment writing on any psychological issue 5. Write any one Yogasna and its psychological impacts on well-being 6. Report-writing on Mindfulness 7. Write-up on any one type of illusion with evidence 8. Muller-lyer illusion 9. Write-up on Techniques of Manan 	15
Keywords/ Tags	Indian Psychology Vedic Insights Experiment on Span of Attention Mindfulness Perceptual Illusions Yogasana	

[Signatures: R. Shree, Melkang, Shalini, and others]



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PART : C- RECOMMENDED STUDY RESOURCES

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3. Benjamin, L. T., Nodine, B., Evans, R., & Boniecki, C. (2008). Activities handbook for the teaching of psychology (Vol. 4). American Psychological Association.
4. Britt, M. A. (2016). Psych experiments: From Pavlov's dogs to Rorschach's inkblots-Put psychology's most fascinating studies to the test. Adams Media.
5. Cohen, R. J., & Swerdlik, M. E. (2017). Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.
6. Fischer, J., & Corcoran, K. (2007). Measures for clinical practice and research: A sourcebook. Oxford University Press.
7. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications, and issues (8th ed.). Belmont, CA: Wadsworth.
8. Kessler, R. C., & Üstün, T. B. (Eds.). (2008). The WHO World Mental Health Surveys: Global perspectives on the epidemiology of mental disorders. Cambridge, UK: Cambridge University Press.
9. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology. Foundation Books. <https://doi.org/10.1017/UPO9788175968448>
10. Ware, M. E., & Johnson, D. E. (Eds.). (2000). Handbook of demonstrations and activities in the teaching of psychology (Vol. 1). Routledge.

1. रहमान, ए. (1995) सामान्य मनोविज्ञान. मोतीलाल बनारसीदास. पटना

Suggestive digital platforms/ web links

<https://www.parinc.com/>

<https://www.ncbi.nlm.nih.gov/books/NBK305233/>

<https://courses.lumenlearning.com/wm-abnormalpsych/chapter/psychological-assessment/>

Suggested equivalent online courses:

<https://hss.iitd.ac.in/course/psychological-testing-and-behavioral-assessment>

https://onlinecourses.swayam2.ac.in/cec23_h505/preview

<https://www.aesedu.com/courses/psychological-assessment-i-845.aspx>

<https://www.online.colostate.edu/courses/PSY/PSY370.dot>

<https://www.classcentral.com/course/psychodiagnostics-8619>

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Handwritten signatures in blue ink: 'Shalini', 'Mehar', 'Raj', 'Raj'.



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Part-D : Assessment and evaluation

Internal Assessment:	Marks
Class Interaction/Quiz	
Attendance	
Evaluation of activities (Chart/Models/Seminar/Report/Presentation)	
TOTAL	100

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PART A - INTRODUCTION		
Program: Certificate		Class : BA First year
		Session 2025-26
Subject: Psychology		
1	Course code	BA-S105T
2	Course Title	Basic Psychological Process (Theory)
3	Course Type:	Minor - II
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	1. Students will be able to understand learning in both the theoretical and practical contexts. 2. Students will be able to understand underlying issues of memory, and forgetting. 3. Students will be aware about cognitive processes and theories of intelligence. 4. Students will be aware about different motivational and emotional theories of human behavior. 5. Students will be able to understand importance of creativity and its relationship with karma-yoga.
6	Credit value	03
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

PART B: Content of the Course

Total No. of Lectures: 45 Hours		
Module	Topic	No. of Lectures
1	Indian Perspectives of learning and memory: Indian concept of Swadhdhya and learning; nature, types, and conditions of smriti in Indian perspective, concept of Shruti, Indian and Western ways of Enhancing Memory	09
2	Modern Perspective of Learning and Memory: Nature of Classical and Operant Conditioning; Observational Learning; Models of Memory: Information Processing Model; Types of Memory: Sensory, Short-term, Long-term Memory;	09

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3	Intelligence: Concept of intelligence; Theories of Intelligence: Spearman, Gardiner, Sternberg; Types of Intelligence in Indian prospective: Buddhi, Pragya, Ritambhara; IQ Tests; Emotional and Spiritual Intelligence	09
4	Motivation and Emotion: Motivation: concept and Types of Motivation; Maslow's Hierarchy of Motivation; Emotion: nature and concept, Biological and Cognitive Bases; Theories of Emotion (James-Lange, Cannon-Bard, Schachter-Singer); Introduction of Bhava, Rasa, and Panch-klesha; Purusharth-chatushthaya	09
5	Thinking and Creativity: Nature and determinants of thinking; Concept formation: Nature, types and determinants; Nature and determinants of creativity; Indian conception of karma-yoga and creativity	09
Keywords/ Tags	Learning Theories Memory Models Cognition Intelligence Motivation Emotion Creativity	

Note: Individual passing marks are required in External, Internal and Practical

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PART : C- RECOMMENDED STUDY RESOURCES

Suggested Readings:

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6. Gray, P. O. (2020). Psychology (8th ed.). Worth Publishers.
7. Kuppaswamy, B. (1990). Elements of ancient Indian psychology, Konark Publishers.
8. Mishra, G. & Mohanty, A. K. (2002) Perspectives on indigenous psychology, New Delhi, Concept publishing company
9. Paranjpe, A. C. (2000), Self and identity in modern psychology and Indian thought. Kluwer Academic Publishing
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11. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology. Foundation Books, <https://doi.org/10.1017/UP09788175968448>
12. Wood, S. E., Wood, E. G., & Boyd, D. (2017). Mastering psychology (5th ed.). Pearson.
13. Zimbardo, P. G., Johnson, R. L., & McCann, V. (2020). Psychology: Core concepts (8th ed.). Pearson.
14. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना
15. रामनाथ शर्मा, रचना शर्मा, भारतीय मनोविज्ञान, अटलांटिक पब्लिशर एंड डिस्ट्रीब्यूटर्स
16. लक्ष्मी शुक्ला (1998), भारतीय मनोविज्ञान, परिमल पब्लिकेशन, दिल्ली

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Suggestive digital platforms/ web links

https://ocw.mit.edu/ans7870/9/9.00SC/MIT9_00SCF11_text.pdf

<https://open.umn.edu/opentextbooks/textbooks/48>

<https://www.youtube.com/watch?v=vo4pMVb0R6M>

https://saylordotorg.github.io/text_introduction-to-psychology/

<https://nios.ac.in/media/documents/secpsycour/english/chapter-1.pdf>

Suggested equivalent online courses:

<https://oyc.yale.edu/introduction-psychology/psvc-110>

<https://oli.cmu.edu/courses/introduction-to-psychology-open-free/>

<https://www.coursera.org/learn/introduction-psychology>

https://onlinecourses.swayam2.ac.in/cec23_hs05/preview

https://onlinecourses.nptel.ac.in/noc23_hs39/preview

Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 30 marks

Autonomous Exam (AE) : 70 marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions	70
	Section (B) : Short Questions	
	Section (C) : Long Questions	

Total: 100

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PART A - INTRODUCTION		
Program: Certificate	Class : BA First year	Session 2025-26
Subject: Psychology		
1	Course code	BA-S105P
2	Course Title	Basic Psychological Process (Practical)
3	Course Type:	Minor - II
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	1. Students will be able to critically evaluate the impact of chanting mantras and traditional Indian practices on memory enhancement. 2. Students will be aware about the importance of medita con. 3. Students will be aware about the effect of reward and punishment, and influence of modeling on behavior modification and learning.
6	Credit value	01
7	Total marks	Maximum Marks : 100 Minimum Passing Marks: 35

Total No. of Lectures: 15 Hours		
Unit	Topic	No. of Lectures
Part A (Any Three) Activities	1. Role of chanting Matras in memory improvement 2. Experiment on memory 3. Report-writing on meditation 4. Role of reward and punishment on learning 5. Learning through modelling 6. Insight and learning 7. Report-writing on Srawan, Manan, and Nididhyalan 8. Use of operant conditioning in real life situations	15
Keywords/ Tags	Chanting Meditation Reward and Punishment Modeling Insight Learning Traditional Memory Techniques	



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3. Benjamin, L. T., Nodine, B., Evans, R., & Boniecki, C. (2008). Activities handbook for the teaching of psychology (Vol. 4). American Psychological Association.
4. Britt, M. A. (2016). Psych experiments: From Pavlov's dogs to Rorschach's inkblots-Put psychology's most fascinating studies to the test. Adams Media.
5. Cohen, R. J., & Swerdlik, M. E. (2017). Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.
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7. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications, and issues (8th ed.). Belmont, CA: Wadsworth.
8. Kessler, R. C., & Üstün, T. B. (Eds.). (2008). The WHO World Mental Health Surveys: Global perspectives on the epidemiology of mental disorders. Cambridge, UK: Cambridge University Press.
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10. Ware, M. E., & Johnson, D. E. (Eds.). (2000). Handbook of demonstrations and activities in the teaching of psychology (Vol. 1). Routledge.
1. रहमान, ए. (1995) सामान्य मनोविज्ञान. मोतीलाल बनारसीदास. पटना

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Suggestive digital platforms/ web links

<https://www.parinc.com/>

<https://www.ncbi.nlm.nih.gov/books/NBK305233/>

<https://courses.lumenlearning.com/wm-abnormalpsych/chapter/psychological-assessment/>

Suggested equivalent online courses:

<https://hss.iitd.ac.in/course/psychological-testing-and-behavioral-assessment>

<https://onlinecourses.swyam2.ac.in/cec23hs05/preview>

<https://www.acsedu.com/courses/psychological-assessment-i-845.aspx>

<https://www.online.colostate.edu/courses/PSY/PSY370.dot>

<https://www.classcentral.com/course/psychodiagnostics-8619>

Part-D : Assessment and evaluation

Internal Assessment:	Marks
Class Interaction/Quiz	
Attendance	
Evaluation of activities (Chart/Models/Seminar/Report/Presentation)	
TOTAL	100

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PART A - INTRODUCTION		
Program: Certificate		Class : BA First year
		Session 2025-26
Subject: Psychology		
1	Course code	BA-S106T
2	Course Title	Foundation of Human Behaviour (Theory)
3	Course Type:	Major - I
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	<ol style="list-style-type: none"> 1. Understanding of the nature of Psychology, its historical development, and major schools of thought, including both Western and Indian perspectives. 2. Explore the mechanisms of attention, sensation, and perception, integrating Western and Indian psychological theories. 3. Assessing different learning theories, memory processes, and forgetting mechanisms, cognitive models and Indian concepts of memory improvement. 4. Analyze various types of thinking, problem-solving strategies, and theories of intelligence. 5. Understand the biological and psychological bases of motivation and emotion, exploring Western theories alongside Indian concepts of Bhaav, Rasa, and Purusharth Chatushthaya.
6	Credit value	04
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

PART B: Content of the Course

Total No. of Lectures- 60		
Module	Topic	No. of Lectures
1	Indian Psychology: Concept, Characteristics, Nature, Scope, Importance; Concept of Mana, Indian Psychology and other branches of knowledge, Difference between Indian Psychology and Western Psychology, Methods of Indian Psychology, Modern Psychology: Nature and Scope	12

[Handwritten signatures: Ashish, Rishu, Ash, Shalini, Anil, Anil, Anil]



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2	Sensation, Attention and Perception: Sensory system: Visual, and Auditory; Attention- concept, selective attention, sustained attention, Dharna and Dhyaan; Perception: Perceptual Organization, Perceptual consistency, Depth perception, illusion and extra-sensory-perception: Indian and western view	12
3	Learning, and Memory: Learning Theories: Classical Conditioning, Operant Conditioning, Observational Learning; Memory: concept, Types of memory: sensory, STM, LTM; Forgetting; Technique of memory improvement: concept of Srawan, Manan, and Nididhyasan	12
4	Thinking and Intelligence: Nature type and determinants of thinking; Problem solving strategies: algorithm and heuristics; Intelligence: Concept, Theories (Spearman, Gardner, Sternberg), IQ Measurement; Types of Intelligence in Indian prospective: Buddhi, Pragya, Ritumbhara	12
5	Motivation and Emotion: Nature and Theories of Motivation: Drive Reduction, Maslow's need Hierarchy theory, Self-Determination Theory; Emotion: nature and theories: James-Lange, Cannon-Bard, Schachter-Singer; Concept of Bhaav and Rasa, Introduction of Purusharth-Chatushthaya	12
Keywords/ Tags	Consciousness Cognition Neuroscience Emotion Bhava and rasa Purusharth-Chatushthaya	

Note: Individual passing marks are required in External, Internal and Practical

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6. Gray, P. O. (2020). Psychology (8th ed.). Worth Publishers.
7. Kuppaswamy, B. (1990). Elements of ancient Indian psychology, Konark Publishers.
8. Mishra, G. & Mohanty, A. K. (2002) Perspectives on indigenous psychology, New Delhi, Concept publishing company
9. Paranjpe, A. C. (2000), Self and identity in modern psychology and Indian thought. Kluwer Academic Publishing
10. Rao, K. R., & Paranjpe, A. C. (2016). Psychology in the Indian tradition. Springer.
11. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology. Foundation Books, <https://doi.org/10.1017/UP09788175968448>
12. Wood, S. E., Wood, E. G., & Boyd, D. (2017). Mastering psychology (5th ed.). Pearson.
13. Zimbardo, P. G., Johnson, R. L., & McCann, V. (2020). Psychology: Core concepts (8th ed.). Pearson.
14. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना
15. रामनाथ शर्मा, रचना शर्मा, भारतीय मनोविज्ञान, अटलांटिक पब्लिशर एंड डिस्ट्रीब्यूटर्स
16. लक्ष्मी शुक्ला (1998), भारतीय मनोविज्ञान, परिमल पब्लिकेशन, दिल्ली

Suggestive digital platforms/ web links

https://ocw.mit.edu/ans7870/9/9.00SC/MIT9_00SCF11_text.pdf

<https://open.umn.edu/opentextbooks/textbooks/48>

<https://www.youtube.com/watch?v=vo4pMVb0R6M>

https://saylordotorg.github.io/text_introduction-to-psychology/

<https://nios.ac.in/media/documents/secpsychour/english/chapter-1.pdf>

Suggested equivalent online courses:

<https://oyc.yale.edu/introduction-psychology/psvc-110>

<https://oli.cmu.edu/courses/introduction-to-psychology-open-free/>

<https://www.coursera.org/learn/introduction-psychology>

https://onlinecourses.swayam2.ac.in/cec23_hs05/preview

https://onlinecourses.nptel.ac.in/noc23_hs39/preview

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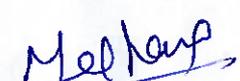
Part D- Assessment and Evaluation		
Suggested Continuous Evaluation Methods: Maximum Marks: 100 Continuous Comprehensive Evaluation (CCE): 30 marks Autonomous Exam (AE) : 70 marks		
Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions	70
	Section (B) : Short Questions	
	Section (C) : Long Questions	

PART A - INTRODUCTION		
Program: Certificate	Class : BA First year	Session 2025-26
Subject: Psychology		
1	Course code	BA-S106P
2	Course Title	Foundation of Human Behaviour (Practical)
3	Course Type:	Core Course
4	Prerequisite	Class 12 th certificate
5	Course Learning Outcomes (CLO)	1. Students will be able to conduct psychological experiments. 2. Student will acquire skill to Administer and interpret psychological tests. 3. Students will be able to utilize principles from psychological theories in day-to-day life. 4. Students will be aware about techniques of Manan (contemplation) and theory of Karma Yoga.
6	Credit value	02
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35













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PART B: Content of the Course

Total No. of Lectures- 30		
Unit	Topic	
Part A (Any Four) Practical	<ol style="list-style-type: none">1. Serial Position Effect2. Muller Lyer Illusion3. Visual Acuity Test4. Experiment on conditioning5. Experiment on memory6. Span of attention7. Creativity test8. Intelligence test9. Mental set and perception10. Achievement motivation test	15
Part B (Any Two) Activities	<ol style="list-style-type: none">1. Case study2. Difference between experiment and test3. Write up on karma Yog and motivation4. Dimensions of memory in Swami Vivekananda's personality5. Write up on optical illusion6. Experiment on sensory adaptation7. Report on mediation8. Use of operant conditioning in real life situation9. Report on techniques of Manan	15
Keywords/ Tags	Behavioural Assessment Cognitive Evaluation Perceptual Analysis Analysis of memory Manan	

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PART : C- RECOMMENDED STUDY RESOURCES

Suggested Readings:

1. Anastasi, A., & Urbina, S. (1997). Psychological testing (7th ed.). Upper Saddle River, Prentice Hall.
2. Bellak, L., & Abrams, D. M. (1997). The TAT, CAT, and SAT in clinical use (6th ed.). Boston, MA: Allyn & Bacon.
3. Benjamin, L. T., Nodine, B., Evans, R., & Boniecki, C. (2008). Activities handbook for the teaching of psychology (Vol. 4). American Psychological Association.
4. Britt, M. A. (2016). Psych experiments: From Pavlov's dogs to Rorschach's inkblots- Put psychology's most fascinating studies to the test. Adams Media.
5. Cohen, R. J., & Swerdlik, M. E. (2017). Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.
6. Fischer, J., & Corcoran, K. (2007). Measures for clinical practice and research: A sourcebook. Oxford University Press.
7. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications, and issues (8th ed.). Belmont, CA: Wadsworth.
8. Kessler, R. C., & Üstün, T. B. (Eds.). (2008). The WHO World Mental Health Surveys: Global perspectives on the epidemiology of mental disorders. Cambridge, UK: Cambridge University Press.
9. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology. Foundation Books. <https://doi.org/10.1017/UPO9788175968448>
10. Ware, M. E., & Johnson, D. E. (Eds.). (2000). Handbook of demonstrations and activities in the teaching of psychology (Vol. 1). Routledge.
11. रहमान, ए. (1995) सामान्य मनोविज्ञान. मोतीलाल बनारसीदास. पटना

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RSharma

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Shahini

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Suggestive digital platforms/ web links

<https://www.parinc.com/>

<https://www.ncbi.nlm.nih.gov/books/NBK305233/>

<https://courses.lumenlearning.com/wm-abnormalpsych/chapter/psychological-assessment/>

Suggested equivalent online courses:

<https://hss.iitd.ac.in/course/psychological-testing-and-behavioral-assessment>

<https://onlinecourses.swayam2.ac.in/cec23hs05/preview>

<https://www.acsedu.com/courses/psychological-assessment-i-845.aspx>

<https://www.online.colostate.edu/courses/PSY/PSY370.dot>

<https://www.classcentral.com/course/psychodiagnostics-8619>

Part-D : Assessment and evaluation

Internal Assessment:	External Assessment
Class Interaction/Quiz	Viva Voce on Practical Activities
Attendance	Practical Record File
Assignment (Charts/Model/Seminar/Lab Visit/Survey)	Table Work/Experiments
TOTAL – 100 Marks	

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PART A - INTRODUCTION			
Program: Certificate		Class : BA First year	Session 2025-26
Subject: Psychology			
1	Course code	BA-S101T	
2	Course Title	Biological Basis of Behavior (Theory)	
3	Course Type:	Major - II	
4	Prerequisite	Class 12 th certificate, Open for all	
5	Course Learning Outcomes (CLO)	1. Student will be able to critically evaluate the influence of biological processes on human behavior. 2. Student will be able to identify and describe the structures and functions of the central and peripheral nervous systems. 3. Student will be able to understand the effect of major glands and hormones of the endocrine system on human behavior and psychological processes. 4. Student will be able to analyze the basic principles of genetics, including gene expression and epigenetics. 5. Student will be able to understand the neural mechanisms underlying motivation and emotion.	
6	Credit value	04	
7	Total marks	Maximum Marks : 30+70	Minimum Passing Marks: 35

PART B: Content of the Course

Total No. Of Lectures- 60		
Module	Topic	No. of Lectures
1	Biological bases of behavior-Indian perspective: External senses and Antahkarana: Human body, Indriyaan, Prana; The sapta-chakras and nadis of the body, Types of body (sharira), States of mind - Jagrat, Swapna, Sushupti, levels of consciousness	15
2	Nervous System -structure and function: Structure and Functions of Neurons, synaptic transmission; Structure and functions of Central Nervous System (CNS), Peripheral Nervous System (PNS)	15

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3	Endocrine System and Behavior: Endocrine System Major Glands and Hormones; Hypothalamic-Pituitary-Adrenal axis and functioning of other glands; relationship between endocrine system and chakras	15
4	Genetics and Behavior: Basic Principles of Genetics -Genes, Chromosomes, DNA, RNA; Behavioral Genetics -Twin and Adoption Studies; Genetic Influences on Intelligence, Personality and Environmental Influences on Gene Expression	15
5	Biological Basis of Motivation and Emotion: Autonomic Arousal and James Lange Theory, brain areas associated with emotion, criteria of motivated behavior, biological motives: hunger, thirst, sex, sleep and eliminative motive, Indian prospective of motivation and emotion.	15
Keywords/ Tags	Neuro-Transmission Saptchakras Behavior Genetics Biological Motives Gene-expression	

Note: Individual passing marks are required in External, Internal and Practical.

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PART : C- RECOMMENDED STUDY RESOURCES

Suggested Readings:

1. Agrawal, V. (2024). NEP जैव मनोविज्ञान Bio Psychology (MJ-2) [Hindi ed., Paperback].
2. Bear, M. F., Connors, B. W., & Paradiso, M. A. (2016). Neuroscience: Exploring the brain (4th ed.). Wolters Kluwer.
3. Becker, J. B., Breedlove, S. M., Crews, D., & McCarthy, M. M. (2002). Behavioral endocrinology (2nd ed.). MIT Press.
4. Breedlove, S. M., & Watson, N. V. (2017). Biological psychology: An introduction to behavioral, cognitive, and clinical neuroscience (8th ed.). Sinauer Associates.
5. Carlson, N. R. (2013). Foundations of behavioral neuroscience (9th ed.). Pearson.
6. Garrett, B. (2011). Brain & behavior: An introduction to biological psychology (3rd ed.). SAGE Publications.
7. Gazzaniga, M. S., Ivry, R. B., & Mangun, G. R. (2018). Cognitive neuroscience: The biology of the mind (5th ed.). W.W. Norton & Company.
8. Hall, C. N. (2023). Introduction to biological psychology. Open Textbook Library.
9. Kalat, J. W. (2024). Biological psychology (14th ed.). Cengage Learning.
10. Kolb, B., & Whishaw, I. Q. (2021). Fundamentals of human neuropsychology (8th ed.). Macmillan Learning.
11. Pandey, P. K. (2023). Charak Samhita (Vol. 2, 2023 ed.). Chokhamba Publisher.
12. Panksepp, J. (1998). Affective neuroscience: The foundations of human and animal emotions. Oxford University Press.
13. Pinel, J. P. J. (2013). Biopsychology (9th ed.). Pearson.
14. Toates, F. (2011). Biological psychology (3rd ed.). Pearson Education.
15. तिवारी, त्रिपाठी (1899) दैहिक मनोविज्ञान, मोतीलाल बनारसीदास
16. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना

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Suggestive digital platforms/ web links

Suggested digital platforms/ web links

<https://www.khanacademy.org/science/health-and-medicine/brain-and-neuroscience>

<https://www.brainfacts.org/>

<https://www.coursera.org/learn/neuroscience-neuroimaging>

Suggested equivalent online courses:

<https://ocw.mit.edu/courses/brain-and-cognitive-sciences/>

<https://www.coursera.org/learn/neurobiology>

<https://onlinecourses.swayam2.ac.in/cec22 ed18/preview>

<https://onlinecourses.nptel.ac.in/noc25 hs39/preview>

<https://onlinecourses.swayam2.ac.in/aic21 ge27/preview>

Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 30 marks

Autonomous Exam (AE) : 70 marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions	70
	Section (B) : Short Questions	
	Section (C) : Long Questions	
		Total: 100



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PART A - INTRODUCTION		
Program: Certificate		Class : BA First year
		Session 2025-26
Subject: Psychology		
1	Course code	BA-S102P
2	Course Title	Biological Basis of Behavior (Theory)
3	Course Type:	Major - II
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	<ol style="list-style-type: none"> 1. Student will be able to conduct brain mapping exercises. 2. Student will be able to analyzing EEG data. 3. Student will be able to acquire the skills to monitor physiological indicators. 4. Student will be able to demonstrate competency in diary writing. 5. Student will be able to construct a family tree and administer psychometric tests.
6	Credit value	02
7	Total marks	Maximum Marks : 100 Minimum Passing Marks: 35

Total No. of Lectures- 30		
Unit	Topic	No. of lectures (2 hours per lecture)
Part A (Any Four) Practical	<ol style="list-style-type: none"> 1. Heart Rate Variability (HRV) in Meditation 2. Blood pressure monitoring: in stress and relaxation 3. Body Mass Index calculation 4. Stress test 5. Study on Reaction time 6. Aggression scale 7. Epworth Sleepiness Scale 	15
Part B (Any Two) Activities	<ol style="list-style-type: none"> 1. Structural model of Neurons 2. Analysis of EEG / ERP 3. Handedness assessment 4. Brain mapping exercises 5. Reflex Arc test 6. Report on Sleep-awake cycle 7. Indian ways of coping: meditation and pranayayam 8. Family tree making 9. Report on Dincharya and Ritucharya 	15



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Keywords/ Tags	Neuroanatomy EEG Analysis Physiological Monitoring Reflex Arc Dinacharya and Ritucharya	
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PART : C- RECOMMENDED STUDY RESOURCES

Suggested Readings:

1. Anastasi, A., & Urbina, S. (1997). Psychological testing (7th ed.). Upper Saddle River, NJ: Prentice Hall.
2. Bear, M. F., Connors, B. W., & Paradiso, M. A. (2016). Neuroscience: Exploring the Brain (4th ed.). Wolters Kluwer.
3. Benjamin, L. T., Nodine, B., Evans, R., & Boniecki, C. (2008). Activities handbook for the teaching of psychology (Vol. 4). American Psychological Association.
4. Blumenfeld, H. (2010). Neuroanatomy Through Clinical Cases (2nd ed.). Sinauer Associates.
5. Britt, M. A. (2016). Psych experiments: From Pavlov's dogs to Rorschach's inkblots-Put psychology's most fascinating studies to the test. Adams Media.
6. Childre, D., Martin, H., & Rozman, D. (2004). The HeartMath Solution. HarperCollins.
7. Cohen, R. J., & Swerdlik, M. E. (2017). Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.
8. Fischer, J., & Corcoran, K. (2007). Measures for clinical practice and research: A sourcebook. Oxford University Press.
9. Iyengar, B. K. S. (1979). Light on Yoga. Schocken Books.
10. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications, and issues (8th ed.). Belmont, CA: Wadsworth.
11. Lazarus, R. S., & Folkman, S. (1984). Stress, Appraisal, and Coping. Springer.
12. McManus, C. (2002). Handedness: A Global Perspective. Oxford University Press.
13. Niedermeyer, E., & da Silva, F. L. (2004). Electroencephalography: Basic Principles, Clinical Applications, and Related Fields (5th ed.). Lippincott Williams & Wilkins. Covers the fundamentals and clinical applications of EEG, supporting analysis techniques.
14. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology. Foundation Books. <https://doi.org/10.1017/UPO9788175968448>
15. Von Levetzow, S. L. (2010). Genealogy Basics: How to Research Your Family History. F+W Media.
16. Walker, M. (2017). Why We Sleep: Unlocking the Power of Sleep and Dreams. Scribner.
17. Ware, M. E., & Johnson, D. E. (Eds.). (2000). Handbook of demonstrations and activities in the teaching of psychology (Vol. 1). Routledge.
18. रहमान, ए. (1995) सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, पटना
19. शुक्ला, अनुपम, & त्रिपाठी, हरिगोविन्द (2023). मनोविज्ञान का परिचय (Introduction to Psychology). मध्यप्रदेश हिंदी ग्रन्थ अकादमी, भोपाल.

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Suggestive digital platforms/ web links

<https://www.parinc.com/>

<https://www.ncbi.nlm.nih.gov/books/NBK305233/>

<https://courses.lumenlearning.com/wm-abnormalpsych/chapter/psychological-assessment/>

Suggested equivalent online courses:

<https://hss.iitd.ac.in/course/psychological-testing-and-behavioral-assessment>

https://onlinecourses.swayam2.ac.in/cec23_h505/preview

<https://www.acsedu.com/courses/psychological-assessment-i-845.aspx>

<https://www.online.colostate.edu/courses/PSY/PSY370.dot>

<https://www.classcentral.com/course/psychodiagnostics-8619>

Note: Individual passing marks are required in External, Internal and Practical.

Part-D : Assessment and evaluation

Internal Assessment:	External Assessment
Class Interaction/Quiz	Viva Voce on Practical Activities
Attendance	Practical Record File
Assignment (Charts/Model/Seminar/Lab Visit/Survey)	Table Work/Experiments
TOTAL – 100 Marks	

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PART A - INTRODUCTION		
Program: Certificate	Class : BA First year	Session 2025-26
Subject: Psychology		
1	Course code	BA-S108T
2	Course Title	Psychology of Personality (Theory)
3	Course Type:	Major - III
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	1. Students will be able to critically evaluate and compare Western and Indian approaches to personality. 2. Students will be able to explain the concepts of adjustment and coping and role of mindfulness, meditation, and pranayama in achieving a state of Sthit-Pragya. 3. Students will be able to identify the factors which shape self-concept, and interpretations of self from Jain, Samkhya-yoga, Gita, and Buddhist philosophy. 4. Students will be able to select and apply appropriate personality tests, and inventories. 5. Students will be able to understand concepts from Indian psychological traditions.
6	Credit value	04
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

PART B: Content of the Course

Total No. Of Lectures- 60		
Module	Topic	No. Of Lectures
1	Indian perspective of personality: The concept of personality in Indian psychology, the concept of personality in Vedas and Upanishads, the concept of personality differences, Personality in Sankhya, Buddhist, and Jain philosophies; Ideal personality according to Upanishads, Sankhya, Gita, Buddhist, Jain, Yoga, and Vedanta	12
2	Approaches of Personality: concept and Determinants of personality; Western Approaches of personality: Type, Trait, Psychodynamic (Freud), Neo Freudian (Erickson); Indian approaches of personality: Panchkosha, Triguna theory	12
3	Adjustment and Coping: Adjustment: Concept and Types; Psychological adjustive reactions: Task-oriented, Defense-oriented; Coping: Concept, and Strategies; Mindfulness as coping, mediation and pranayama.	12

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4	Concept of Self: Nature, factors shaping the Self-Concept; Self-Esteem, Self-Perception, Self-Regulation, and Self-Presentation; Indian Theories of Self: Atman, Ahamkara, Brahman	12
5	Personality Measurement: Personality Test - Nature and Types; Personality Inventories and Projective Tests -Nature, Uses, and Limitations; Indian prospective of Guna and Dosa in personality.	12
Keywords/ Tags	Personality Theories Adjustment and Coping Self-Concept Personality Measurement Indian Psychology Mindfulness Meditation	

Note: Individual passing marks are required in External, Internal and Practical.

PART : C- RECOMMENDED STUDY RESOURCES

Suggested Readings:

1. Cervone, D., & Lawrence, P. A. (2013). Personality psychology (12th ed.). New York, NY: Wiley.
2. Coleman, J. C. (1971). Psychology and effective behavior. Bombay, India: D. B. Taraporevala Sons & Co. Pvt. Ltd.
3. Covey, S. R. (2004). The 7 habits of highly effective people. New York, NY: Free Press.
4. Dweck, C. S. (2006). Mindset: The new psychology of success. New York, NY: Random House.
5. Hall, C. S., Lindzey, G., & Campbell, J. B. (2007). Theories of personality (4th ed.). India: Wiley.
6. Kundu, C. L. (1989). Personality development. New Delhi, India: Sterling Publishers.
7. Kuppaswamy, B. (1990). Elements of ancient Indian psychology. Konark Publishers.
8. Larsen, R. J., & Buss, D. M. (2013). Personality psychology: Domains of knowledge about human nature (5th ed.). New York, NY: McGraw-Hill.
9. Mischel, W., Shoda, Y., & Smith, R. E. (2004). Introduction to personality. Hoboken, NJ: John Wiley & Sons.
10. Mishra, G. & Mohanty, A. K. (2002) perspectives on indigenous psychology, New Delhi, Concept publishing company
11. Paranjpe, A. C. (2000). Self and identity in modern psychology and Indian thought. Kluwer Academic Publishing.
12. Peale, N. V. (2019). The power of positive thinking. New Delhi, India: Samaira Book Publishers.
13. Rao, K. R., & Paranjpe, A. C. (2016). Psychology in the Indian tradition. Springer.
14. Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). Handbook of Indian psychology.
15. Ruch, F. L. (1970). Psychology and life (7th ed.), Bombay, India: D. B. Taraporevala Sons & Co. P. Ltd.
16. Snyder, C. R., Lopez, S. J., & Pedrotti, J. T. (2010). Positive psychology (South Asia ed.). Thousand Oaks, CA: SAGE.
17. Swami Nishchalananda Saraswati (2016). Pancha Kosha The Five Sheaths of the Human Being. Kindle Edition.
18. Tuhovský, I. (2015). Communication skills: A practical guide to improving your social intelligence, persuasion, and public speaking. CreateSpace Independent Publishing Platform.



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19. Weiten, W.. & Lloyd, M. A. (2007). Psychology applied to modern life: Adjustment in the 21st century (8th ed.). Delhi, India: Thomson Wadsworth (Indian reprint: Akash Press).
20. अग्रवाल, एम., & सक्सेना, के. (1999). व्यक्तित्व मनोविज्ञान. नई दिल्ली: राजकमल प्रकाशन.
21. अरुण कुमार सिंह, & आशीष कुमार सिंह. (n.d.). मनोविज्ञान के संप्रदाय एवं इतिहास. [Publisher details not provided].
22. अरुण कुमार सिंह. (2021). व्यक्तित्व मनोविज्ञान. Patna, India: Motilal Banarsi Das.
23. आर. एन. सिंह. (n.d.). व्यक्तित्व मनोविज्ञान. [City not provided]: Motilal Banarsi Das.
24. रामनाथ शर्मा, रचना शर्मा, भारतीय मनोविज्ञान, अटलांटिक पब्लिशर एंड डिस्ट्रीब्यूटर्स
25. लक्ष्मी शुक्ला (1998), भारतीय मनोविज्ञान, परिमल पब्लिकेशन, दिल्ली
26. सिंधु, जे. (2010). व्यक्तित्व एवं मनोविज्ञान मैनुअल. नई दिल्ली: राजकमल प्रकाशन

Suggestive digital platforms/ web links

https://www.bharathuniv.ac.in/colleges1/downloads/courseware_ece/notes/BSS201%20-%20PERSONALITY.pdf

<https://docs.uoc.ac.in/website/SDE/sde203.pdf>

Suggested equivalent online courses:

<https://www.edx.org/learn/human-psychology/universita-degli-studi-di-napoli-federico-ii-introduction-to-psychology-of-personality>

https://onlinecourses.nptel.ac.in/noc25_hs67/preview

<https://www.coursera.org/learn/personality-types-at-work>

Part D- Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100

Continuous Comprehensive Evaluation (CCE): 30 marks

Autonomous Exam (AE) : 70 marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Class Test/Assignment/Presentation Quiz/Peer Teaching	30
External Assessment: Autonomous Exam Section: Time : 03.00 Hours	Section(A) : Multiple Choice Questions Section (B) : Short Questions Section (C) : Long Questions	70

Total: 100

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PART A - INTRODUCTION		
Program: Certificate	Class : BA First year	Session 2025-26
Subject: Psychology		
1	Course code	BA-S108P
2	Course Title	Psychology of Personality (Practical)
3	Course Type:	Major - III
4	Prerequisite	Class 12 th certificate, Open for all
5	Course Learning Outcomes (CLO)	<ol style="list-style-type: none"> 1. Students will be able to evaluate Indian and western approaches of personality. 2. Students will be able to utilize standardized measures of personality. 3. Student will be aware about mindfulness practice, guided meditation, and pranayama. 4. Student will learn Administration of personality inventories and projective tests. 5. Students will be able to understand self-concept through Jain, Samkhya-yoga, Gita, or Buddhist philosophy.
6	Credit value	02
7	Total marks	Maximum Marks : 100 Minimum Passing Marks: 35

Total No. of Lectures- 30		
Unit	Topic	No. of Lectures
Part A (Any Four) Practical	<ol style="list-style-type: none"> 1. Eysenck's personality inventory 2. Coping Style Assessment 3. Experiments on Guided Meditation & Pranayama 4. Self-Concept 5. Self-Esteem Test 6. NEO-Personality Inventory 7. Adjustment test 8. Word-association test 	15
Part B (Any Two) Activities	<ol style="list-style-type: none"> 1. Report on Indian approaches (Triguna theory from the Bhagavad Gita). 2. Analysis of any great Indian personality. 3. Analysis of Personality in Indian movie or TV Series. 4. Self-Assessment through NEO Five-Factor Inventory 5. Self-report on positive and negative events of life 6. Stress management and Diary writing 7. Mindfulness Practice and Pranayama 8. Report on Self-perception 9. Study of self in Jain, Samkhya-yoga, Gita, or Buddhist philosophy 10. Identifying Personal Gunas 	15

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Suggestive digital platforms/ web links

<https://www.parinc.com/>

<https://www.ncbi.nlm.nih.gov/books/NBK305233/>

<https://courses.lumenlearning.com/wm-abnormalpsych/chapter/psychological-assessment/>

Suggested equivalent online courses:

<https://hss.iitd.ac.in/course/psychological-testing-and-behavioral-assessment>

https://onlinecourses.swayam2.ac.in/cec23_hs05/preview

<https://www.acsedu.com/courses/psychological-assessment-i-845.aspx>

<https://www.online.colostate.edu/courses/PSY/PSY370.dot>

<https://www.classcentral.com/course/psychodiagnostics-8619>

https://onlinecourses.swayam2.ac.in/cec22_ed18/preview

Part-D : Assessment and evaluation

Internal Assessment:	External Assessment
Class Interaction/Quiz	Viva Voce on Practical Activities
Attendance	Practical Record File
Assignment (Charts/Model/Seminar/Lab Visit/Survey)	Table Work/Experiments
TOTAL – 100 Marks	

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BA I Year: English Literature (Minor – I)

Session 2025-26

World Literature (Paper - I)

PART A - INTRODUCTION		
1	Course code	BA- S109
2	Course Title	World Literature (Paper 1)
3	Course Type	Minor 1
4	Prerequisite	To study this course, a student must have had the subject English Language/English literature in class 12 th .
5	Course Learning Outcomes (CLO)	Course Learning Outcomes (CLO) After completing this course, student will be able to <ul style="list-style-type: none">Analyze and interpret diverse poetic styles and themes in Indian, British, and American poetry, understanding their historical and cultural significance.Examine the philosophical, spiritual, and social concerns expressed in Indian poetry and drama, particularly the works of Vivekananda, Sri Aurobindo, Badal Sircar and Mahesh Dattani.Recognize the characteristics of British Romantic poetry and modern drama by studying works of Wordsworth, Coleridge, Oscar Wilde, and Harold Pinter.Identify and compare different worldviews, cultural ideologies, and artistic expressions in Indian, British, and American literary traditions.Apply literary theories and critical approaches to study poetry and drama, developing independent interpretations and arguments.Strengthen analytical writing and discussion skills by articulating insights on the themes, narrative techniques, and stylistic elements of the prescribed texts.
6	Credit value	04
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

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PART B – Content of the Course

Total Lectures: 60		
Unit	Topic	No. of Lectures
1	Unit – I Indian Poetry i) Swami Vivekanand: "To The Awakened India" ii) Sri Aurobindo: "Krishna" Keywords: Spirituality, Indian Philosophy, Mysticism Symbolism, Enlightenment, Patriotism Activities: Recitation of the Devotional poems Recitation of the Patriotic poems	10
2	Unit – II Indian Drama i) Badal Sircar: <i>Evam Indrajit</i> ii) Mahesh Dattani: <i>Taru</i> Keywords - Social Issues, Gender Identity, Theatre of Absurd, Realism, Political Satire, Tradition vs Modernity, Theatre Aesthetics, Existentialism Activities: Staging a Select Scene from the drama focusing on contemporary issues Dialogue delivery with intonation Practice	15
3	Unit – III British Poetry i) William Wordsworth: "Three Years She Grew in Sun and Shower" ii) S. T. Coleridge: Kubla Khan Keywords - Keywords - Romanticism, Sublime, Supernatural, Symbolism, Lyricism Activities: Group Discussion on features of Romanticism Spotting the Supernatural elements in a selected poem	10
4	Unit - IV British Drama i) Oscar Wilde: The Importance of Being Earnest ii) Harold Pinter: The Caretaker Keywords: Comedy of Manners, Absurdism, Satire, Identity Crisis, Social Class, Power Dynamics, Irony, Realism, Dark Humor, Language and Silence Activities: Discussion on Dark Humour Difference between Tragedy and Comedy	15

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5	Unit – V American Poetry i) Emily Dickinson: "Success is Counted Sweetest" ii) Robert Frost: "The Road not Taken" Keywords - Individualism, Success and Failure, Nature, Choices, Determinism vs Free Will, Symbolism, Transcendentalism, Self-Reflection, Ambiguity, Modernity. Activities: Recitation of some other poems of Dickinson Presentation on Road as a Metaphor of life	10
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Note: Individual passing marks are required in External, Internal and Practical.

Part C -Learning Resources
Textbooks, Reference Books, Other Resources

Suggested Readings:

- Dattani, Mahesh. *Tara*. Surjeet Publications, 2018.
- *The Journal of Interdisciplinary History*, vol. 53, no. 2, Jan. 2022, pp. 337–38.
https://doi.org/10.1162/jinh_r_01838
- Wordsworth, William. *Lyrical Ballads with Pastoral and Other Poems*. (1805). 4th ed. London: Longman, Hurst, Rees, and Orme.
- McClinton-Temple, Jennifer. "Encyclopedia of Themes in Literature." *Choice Reviews Online*, vol. 48, no. 11, July 2011, pp. 48–6017. <https://doi.org/10.5860/choice.48-6017>
- Oliver, Elbert S. *An Anthology of American Literature*. S. Chand.
- Pinter, Harold. *The Caretaker*. Surjeet Publications, 2018.
- Puchner, Martin. *The Norton Anthology of World Literature*. W W Norton & Co eBooks, 2012. ci.nii.ac.jp/ncid/BB09615592
- Sircar, Badal. *Evam Indrajit*. Oxford UP, 1975.
- Seabold, Tracy Carr. "Sources: Magill's Survey of World Literature." *Reference & User Services Quarterly*, vol. 49, no. 2, Dec. 2009, pp. 198–99.
<https://doi.org/10.5860/rusq.49n2.198.2>
- Wilde, Oscar. *The Importance of Being Earnest*. Fingerprint Publishing, 2015.
- Wood, Michael. "How Literatures Begin: A Global History Edited by Joel B. Lande and Denis Feeney."

Digital Links:

- <https://libguides.uaptc.edu/c.php?g=600612&p=4159716>

Suggested Equivalent Online Courses:

- NPTEL Web course: <https://nptel.ac.in/courses/109106147>
- Harvard University – *Masterpieces of World Literature*:
<https://pll.harvard.edu/course/masterpieces-of-world-literature>
- Video course: <https://archive.nptel.ac.in/courses/109/106/109106147/>

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Part D – Assessment and Evaluation		
Suggested Continuous Evaluation Methods: Maximum Marks:100 Continuous Comprehensive Evaluation (CCE) :30 marks Autonomous Exam (AE) : 70 Marks		
Internal Assessment Continuous Comprehensive Evaluation (CCE)	Class Test /Assignment Presentation/ Quiz / Peer Teaching	30
External Assessment Autonomous Exam Section Time: 03:00 Hours	Section (A): Multiple Choice Questions Section (B): Short Questions Section (C): Long Questions	70

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BA I Year: English Literature (Minor II)
Session 2025-26
Indian Literature in Translation (Paper 2)

PART A – INTRODUCTION		
1	Course code	BA- S110 Minor II
2	Course Title	Indian Literature in Translation (Paper 2)
4	Prerequisite	To study this course, a student must have had the subject English Language/English literature in class 12 th .
5	Course Learning Outcomes (CLO)	By the end of this course, students will be able to - <ul style="list-style-type: none">• The course of this paper will not only give students a chance to study a variety of literature produced in different languages. This will broaden their perspectives on Indian values and help them understand hidden wisdom through simple short stories of Panchatantra.• Indian fables will help them understand rich Indian Knowledge through translated literature and inculcate human values in them.• To develop analytical skills by comparing texts translated from different Indian languages.
6	Credit value	04
7	Total marks	Maximum Marks : 30+70 Minimum Passing Marks: 35

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PART B – Content of the Course

Total No of Lectures: 60		
Unit	Topic	No. of Lectures
1	<p>Poetry</p> <p>i) Gujrati Folk Song "Rain of the (translated by Madhubhai Patel)</p> <p>ii) Padma Sachdev "The Well" (translat Dogri by Iqbal Masud)</p> <p>iii) G. S. Shivarudrappa: "My (Translated from the Kannada by Nagabhushana Swamy}</p> <p>Keywords: Translation, Figurative Language, I Nature Poetry, Feminism, Indian Folk Song Tr Depiction of Society</p> <p>Activities:</p> <p>Read the poem in class</p> <p>Analyse and appreciate the figures of speech</p>	10
2	<p>Mohan Rakesh: One Day in Ashadha</p> <p>Keywords: Indian Drama, Indian Stage Craft, Theatre, Plot, Character Study, Dialogue, Indian Sc Drama</p> <p>Activities:</p> <p>Compose dialogues on a given situation</p> <p>Compare an Indian and a Modern British Drama out the differences</p>	15

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3	Fiction Sudha Murthy: <i>Dollar Bahu</i> Keywords - Elements of Fiction, Feminism, Gender, Culture, Women novelist, Indian society in Indian Novels, Plot, characters. Activities: To summarise given text other than prescribed novel, Select characters and point out their virtues and vices	15
4	Ancient Indian Short Fiction a) Stories from Panchatantra: i) "The Tortoise and the Geese" ii) "Four Friends and the Hunter" b) <i>Fables from Indian Folklore</i> i) "The Blind Men and the Elephant" ii) "The Story of the Learned Fool" Keywords: Indian wisdom, animal characters, moral lesson, narration, worldly conduct, prudent conduct, epigrammatic verses to illustrate objectives, virtues, Activities: Discuss the selected stories and bring out the values in them Appreciate Indian fables and Folklores, regional stories, narrative technique	10
5	Modern Indian Short Fiction i) R. N. Tagore: "Kabuliwala" ii) Premchand: "Namak ka Daroga" Keywords - Individualism, Success and Failure, Nature, Choices, Determinism vs Free Will, Symbolism, Transcendentalism, Self-Reflection, Ambiguity, Modernity. Activities: Enactment of certain part of the novel Contemporary issues that are found in the story	10

Note: Individual passing marks are required in External, Internal and Practical.

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Part C -Learning Resources
Textbooks, Reference Books, Other Resources

Suggested Readings

Texts

1. The Complete Panchatantra, written by Pt. Vishnu Sharma. Translated from
2. Sanskrit by Arthur W. Ryder.
3. – De Souza, Eunice and Melanie Silgado, editors. These My Words. Penguin
4. Books, 2012.
5. – Folk Tales of India by Brenda E. F. Beck
6. – Indian Folk Tales by Verrier Elwin
7. – Murty, Sudha. Dollar Bahu. Penguin India, 2007.
8. – The Oxford anthology of modern Indian poetry / edited by Vinay
9. Dharwadker. (included Padma Sachdev)
10. Rakesh, Mohan. One Day in Ashadha translated by Sarah K Enslay. New Delhi: National School of Drama, 2000
11. "Rain of the World", These My Words: The Penguin Book of Indian Poetry, edited Eunice De Souza and Melanie Silgarda

Digital Links

1. <https://rajeshthewriter.weebly.com/english---delhi-university.html>
2. – https://sahitya-akademi.gov.in/library/meettheauthor/padma_sachdev.pdf
3. – https://sahityaakademi.gov.in/library/fellowship_pdf/fellow_Padmasachdev.pdf

Suggested Equivalent Online Course

Short Fiction in Indian Literature, SWAYAM Course- NPTEL

Part D – Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:100

Continuous Comprehensive Evaluation (CCE) :30 marks

Autonomous Exam (AE) : 70 Marks

Internal Assessment		
Continuous Comprehensive Evaluation (CCE)	Class Test /Assignment Presentation/ Quiz / Peer Teaching	30
External Assessment		
Autonomous Exam Section Time: 03:00 Hours	Section (A): Multiple Choice Questions Section (B): Short Questions Section (C): Long Questions	70

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